



# Deer Droppings

Official Newspaper of the Red Deer Hash House Harriers  
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RDH<sup>3</sup> "Never Let the Truth or Libels Laws Stand in the Way of a Good Story" August 26<sup>th</sup>, 2021

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## Blowin' Crash Run

### Run #1154

#### Hares: Blowin' Ho's and Crash Test Rummy

*Dear Abby,*

A group of friends and I are having trouble with this guy who hangs out with us. He thinks that because he is in 'charge' he can punish us whenever he wants. He makes up circumstances and twists things people say so he can literally punish us. He's been doing this for about a year now and he may have the opportunity to do it for another year. Every time anyone says anything he gaslights them and hands out more punishments. What should we do?

*Afraid in RDH3*

*Dear Afraid in RDH3,*

I am sorry to hear about your troubles. Your friend sounds like he may suffer from Narcissistic personality disorder. It also sounds like you and or your friends might have masochist tendencies. Either way you are fucked. Good luck.

*with love, Abby*

*Dear Abby,*

I am a man who has had many surgeries. I look to my friends for support, but they only make fun of me and tell me to pull up my pants. How can I get my friends to be more supportive.

*Sheepishly asking*

*Dear Sheepishly,*

Have you tried to be friends with people with common interests? I will include a few links below;

[www.iliketobenude.com](http://www.iliketobenude.com) [www.nudist.com](http://www.nudist.com)  
[www.whyamitheonlyonenude.com](http://www.whyamitheonlyonenude.com)

*with love, Abby*

*Dear Abby,*

I like to drink wine and run. I run marathons, triathlons and hike up mountains. My friends always get mad at me when I talk about it. They say "oh, you used the M word" or "I heard you say the R word" Is there anything wrong with racing or being competitive? P.S. I also love winter.

*Winter lover*

*Dear Winter lover,*

I am afraid people are just jealous of your abilities, however, no one loves winter. You are just spouting sour grapes because you're too poor to move to BVI.

*with love, Abby*

*Dear Abby,*

My parents sometimes leave me on Thursday nights to go 'hash'. I'm so ashamed, I can't talk to anyone else. I am lonely when they leave me all alone. They have brought home some brothers for me to ease my anxiety but I still feel nervous and scared when they go out. I also sniff them when they come home but I don't smell drugs. Should I try to escape and find them next week?

*Brothers (woof)*

*Dear Brothers,*

It is normal for you to feel this way. I would suggest shitting all over the house the next time they go out anywhere, not just to hash. That will teach them a lesson. Ripping up the furniture also works. Ask the cat for more helpful hints. Keep up the good work.  
*with love, Abby*

*Dear Abby,*

I have been hanging out with the same friends for a really long time. I always say I am going to start running with them but I want to wait for the perfect time. They don't believe me. How should I ask them to stop harassing me. Also, can you give me a few excuses to use for the next time they ask.  
*Secretly Don't want to run*

*Dear Don't,*

I don't blame you for not wanting to run. It's hard to run and not spill your drink? Tell your friends you will run when you are good and ready.  
*with love, Abby*

*Dear Abby,*

I have a confession and a conundrum. Sometimes when I run, I am so fast I think that I may stop time. I run like the wind. My friends are like "where were you? we lost you", and I'm like "I was here the whole time." Lol. Also are faeries real? Asking for a friend.  
*Pucker Sucker*

*Dear...Pucker, is it?*

Perhaps you should lay off the wacky tobacky for a bit. Also, yes, faeries are real.  
*with love, Abby*

*Dear Abby,*

I have been running with a group of friends for awhile. I am a bit of legend, in my own mind. My problem is that I am an actual founding member of my group and I get no respect. Another founding member doesn't even run and he gets all the credit.  
*Founding member*

*Dear Founding member,*

I'm sure the other founding member just takes off his pants to gain attention. Have you tried that? Do you have any scars?  
*With love, Abby*

*Dear Abby,*

My husband likes to take his pants off and show off his scar to anyone who takes the least bit of interest. Should I be worried?  
*A True Lady*

*Dear True Lady,*  
*yes.*

*Dear Abby,*

My friends tell me I am late all the time and when they are late I don't say anything. It just so happens

*Dear Abby,*

I belong to a social group who meet every week. Does that make me a socialist?  
*Considerate Conservative*

*Dear Considerate Conservative,*  
*Yes. I am afraid so.*

*Dear Abby,*

I am in charge of an unruly bunch of slackers. Sometimes I feel like I am herding cats. How do I get them to submit to my will?  
*King Krash*

*Dear King Krash,*

I am not sure where to begin. When I am training my cats I use a spray bottle. If in fact you are referring to real people perhaps you should seek professional help. Or at the very least read a few self-help books. I can recommend a few. [www.getoveryourself.org](http://www.getoveryourself.org)  
[www.amianarcisist.ca](http://www.amianarcisist.ca)  
[www.trainingyourcats.com](http://www.trainingyourcats.com)

**DEAR ABBY WOULD LIKE TO THANK RDHS FOR PROVIDING SOME OF THE MOST INTERESTING HOT TOPICS SHE HAS SEEN IN A LONG TIME. SHE WOULD ALSO LIKE TO THANK BLOWIN' & CHEAP FOR SETTING THE RUN.**

**ONON SLIPPERY WHEN WET**